

# Human Services Resource Guide

## **ABUSE, CHILD**

Div. of Youth and Family Services  
(DYFS) 973- 383-8400  
**Abuse Reporting Hotline (24 hrs.)**  
877- NJ-ABUSE  
CAP (Child Assault Prevention Project)  
973- 702-0602  
CHILDHHELP USA (National Child  
Abuse Hotline) 800- 4-A-CHILD  
TDD 800- 2-A-CHILD  
Court Appointed Special Advocates  
(CASA) 973- 579-0723  
Ginnie's House 973- 579-0770  
National Clearinghouse on Child Abuse  
and  
Neglect Information 800- 394-3366  
Parents Anonymous 800- 843-5437

## **ABUSE, DOMESTIC**

DASI (Domestic Abuse & Sexual  
Assault Services, Inc.) 973- 579-2386  
24 Hour Emergency Hotline Number  
973- 875-1211 (collect calls accepted)  
National Coalition Against Domestic  
Abuse 800- 799-SAVE (7233)  
National Resource Center on Domestic  
Violence 888- Rx-ABUSE

## **ABUSE, ELDER**

Adult Protective Services (SC DSS)  
973- 383-3600  
During non-business office hours 2-1-1

## **ABUSER, TREATMENT**

Decide Program (DASI) 973- 579-2500  
Parents Anonymous 800- 843-5437

## **ADOPTION**

Adoption Information (DHS) 800- 992-  
3678  
Adoption Resource Center 973- 742-  
0063  
Paterson 973- 742-0063  
Trenton 609- 292-2121  
Bethany Christian Services 201- 703-  
4371  
Children's Home Society of NJ 908-  
735-9458  
National Adoption Center 800- 862-  
3678

## **ADULT DAYCARE**

Sussex County Adult Day Care 973-  
579-6699

## **ADULT EDUCATION**

G.E.D. (General Education Development  
Testing Center) 973- 300-2154  
Literacy Volunteers of Sussex County  
973- 300-9444  
Rutgers Cooperative Extension Services  
973- 948-3040

Sussex County Community College 973-  
300-2100

## **AGRICULTURAL AGENT**

Rutgers Cooperative Extension Service  
973- 948-3040

## **AIDS**

AIDS Hotline, National 800- 232-4636  
AIDS/STD Hotline, NJ 800- 624-2377  
AIDS Hotline, Spanish 800- 344-7432  
AIDS Info 800- 874-2572  
American Red Cross (Sussex County  
Chapter) 973- 579-1600  
HIV/AIDS Information and Referral  
Line (Hyacinth Foundation) 800- 433-  
0254  
Anonymous Case  
Management/Treatment Line 800- 433-  
0254  
Hope House 973- 361-5555  
National Prevention Information  
Network 800- 458-5231  
Planned Parenthood (HIV testing) 973-  
383-5218  
Project Inform National HIV/AIDS  
Treatment Hotline 800- 822-7422  
Sussex County Public Health Nursing  
973- 579-0570

## **ALCOHOL OVERDOSE**

Newton Memorial Hospital 973- 383-  
2121  
Poison Control 800- 222-1222  
St. Clare's Medical Center - Boonton  
973- 316-1800

## **ALCOHOL PROGRAMS**

ALA-CALL: A.A. and Alanon  
Meetings, Statewide 800- 322-5525  
Alanon/Alateen Information Service of  
No. Jersey 973- 744-8686  
Alcohol and Substance Abuse Program –  
Newton Memorial Hospital - outpatient  
counseling 973- 579-8675  
Center for Prevention & Counseling  
973- 383-4787  
(Counseling, Assessments, Adult IOP  
Counseling, etc.)  
Hope House (individual & group  
counseling) 973- 361-5555  
Municipal Alliances, Prev. Ed. Programs  
973- 948-6000  
Saint Clare's Medical Center  
Alcohol/Chemical Services 888- 626-  
2111  
Sunrise House 973- 383-6300  
Sussex County Division of Community  
& Youth Services - info & referral 973-  
948-6000

## **ALZHEIMER'S DISEASE**

Alzheimer's Association 800- 883-1180  
[www.alzheimers.org](http://www.alzheimers.org)

Alzheimer's Disease Education &  
Referral Center 800- 438-4380  
Alzheimer's Hotline 800- 424-2494  
Alzheimer's Project Lifesaver  
Sussex County 973- 579-0850  
Alzheimer's Safe Return 888- 572-8566  
American Health Assistance Foundation  
800- 437-2423  
Barn Hill Care Center 973- 383-5600  
Homestead 973- 948-5400  
Visiting Nurses Association  
of Saint Clare's 973- 729-7078

## **ANGER MANAGEMENT**

Center for Prevention and Counseling  
973- 383-4787  
Hope House 973- 361-5555

## **ANIMALS**

American Society for the Prevention of  
Cruelty to Animals (ASPCA) 888- 426-  
4435, 800- 548-2423  
Avian Wildlife Center (wild bird rehab)  
973- 702-1957  
Byram Animal Rescue (BARKS) 973-  
300-3185  
Claws Rescue Shelter 973- 875-8540  
Domestic SPCA 800- 582-5979  
Noah's Ark 973- 347-0378  
Sussex County Fellowship for Animals  
Shelter 973- 300-5909  
Sussex County Animal Response Team  
973- 940-1666  
West Milford Animal Shelter 973- 728-  
2859  
Wildlife: NJ Fish & Game 908- 735-  
7040

## **ASSAULT, SEXUAL**

Rape, Abuse, and Incest National  
(RAIN) Network 800- 656-HOPE  
(4673)  
Sexual Assault Program (Newton  
Memorial Hospital) 973- 579-8340  
DASI Sexual Assault Program 973- 300-  
5609  
Sussex County Prosecutor's Office 973-  
383-1570

## **BABYSITTING COURSES**

American Red Cross 973- 579-1600

## **BEREAVEMENT SUPPORT**

Grief Recovery Series (Karen Ann  
Quinlan Hospice) 973- 383-0115  
Grief Support Group (Newton Memorial  
Hospital) 973- 579-8625  
Joseph T. Quinlan Bereavement Center  
908- 852-8730  
Project Self-Sufficiency - Family  
Success Center (grief recovery series)  
973- 940-3500

# Human Services Resource Guide

## **BIRTH CONTROL**

Planned Parenthood of Northwest  
New Jersey 973- 383-5218

## **BLIND**

American Foundation for the Blind 800-  
232-5463  
Blind and Visually Impaired, NJ State  
Commission 973- 648-2111  
Guide Dog Foundation for the Blind  
800- 548-4337  
Library for the Blind and Visually  
Impaired 800- 792-8322  
Seeing Eye, Inc. (guide dogs) 973- 539-  
4425

## **BOARDING HOME SERVICES**

Sussex County Division of Social  
Services 973- 383-3600

## **BRAILLE MATERIALS**

Blind and Visually Impaired, NJ State  
Commission 973- 648-2111

## **BREASTFEEDING**

La Leche League 800- LALECHE  
(525-3243)  
Newton Memorial Hospital -  
Community Benefits 973- 579-8340

## **BURIAL BENEFITS**

NJ Dept. of Military and Veterans  
Affairs 888- 8NJ-VETS  
Social Security Administration 800-  
772-1213  
Sussex County Division of Social  
Services 973- 383-3600

## **BUS LINES**

Lakeland (out-of-county) 973- 366-0600  
Sussex County Transit System (in-  
county) 973- 579-0480  
Press 1

## **BUSINESS COUNSELING**

Centenary College Small Business  
Development Center 908- 852-1400  
ext. 2136  
NJ Small Business Development Center  
973- 353-5950  
SCORE (Service Corps. Of Retired  
Executives) 973- 300-2140  
Small Business Administration 973-  
645-2434

## **CAMPS**

Fairview Lake Camps 973- 383-9282  
Linwood MacDonald 973- 948-7090  
Sussex County YMCA 973- 209-9622  
For a listing of all camps accredited by  
the

American Camping Association,  
including out of  
Sussex County camps, call:  
NORWESCAP'S  
Child & Family Resource Service or go  
to website: [www.acacampsnj.org](http://www.acacampsnj.org)  
973- 383-3461

## **CAMPS, SPECIAL NEEDS**

For a directory of camps, including  
special needs camps that are accredited  
by the American Camp  
Association [www.acacampsnj.org](http://www.acacampsnj.org)  
Aldersgate Center (grades 1-12) 973-  
383-5978  
Camp Neveda (Diabetes) 973- 383-2611  
Camp Super Kids (Asthma) 800-  
LUNGUSA  
Easter Seals - (special needs)  
Camp Merry Heart (ADD, CP, diabetes,  
mental retardation, MS, etc.) 908- 852-  
3896  
Camp Marcella (blindness, visual  
impairments & multiple challenges) 908-  
852-3896  
Happiness is Camping (camp for  
children w/ cancer) 908- 362-6733  
For a listing that includes out of Sussex  
County listings, Call NJ Dept. of  
Education 973- 579-6996

## **CAREER PLANNING**

Employment and Job Training Services-  
Morris/Sussex WIB 800- 870-3478  
New Jersey Dept. of Labor One Stop  
Career Center (Newton) 973- 383-2775  
(Franklin) 973- 209-8501  
Northwest NJ Regional Women's Center  
at Centenary College 908- 852-9365  
Project Self Sufficiency 973- 940-3500  
Sussex County Community College  
Counseling Department 973- 300-2207

## **CAREGIVER SUPPORT/GROUPS**

Andover Sub-Acute & Rehab Center  
973- 383-6200  
Bristol Glen 973- 940-6310  
Division of Aging - NJ Resources 800-  
792-8820  
Family Support Organization of Morris  
& Sussex Counties (support groups for  
grandparents & caretakers) 973- 940-  
3194  
Kinship Navigator Program call 2-1-1  
for access  
NJ Self-Help Clearinghouse 800- 367-  
6274  
Sussex County Homestead 973- 948-  
5400  
Visiting Nurses Association of Saint  
Clare's 973- 729-7078  
Well Spouse Association 800- 838-0879

## **CHILD CARE RESOURCES**

KEEP 973- 383-2213  
National Child Care Information Center  
800- 616-2242  
NJ Childcare Helpline 800- 332-9227  
NORWESCAP (Child & Family  
Resource Services, Even Start & Child  
Care Certificate/Voucher Program) 973-  
383-3461  
NORWESCAP Early Head Start 973-  
300-4091  
Project Self Sufficiency's Little Sprouts  
973- 940-3500  
Rainbows of Learning 973- 383-5956  
Call NORWESCAP's Child & Family  
Resource Service for a complete listing  
of all Sussex County child care options.  
973- 383-3461

## **CHILD HEALTH SERVICES**

Early Intervention Services (for children  
w/ disabilities) 888- 653-4463  
NJ Family Care 800- 701-0710  
Prime Care Community Health Clinic  
(NMH) 973- 579-8650  
Special Child Health Services 973- 948-  
5239  
Sussex County Division of Social  
Services 973- 383-3600  
Sussex County Public Health Nursing  
(immunizations, vaccinations, etc.) 973-  
579-0570

## **CHILDREN'S SERVICES**

Caring Partners of Morris and Sussex  
973- 770-5505  
Center for Prevention and Counseling -  
Mentoring Plus Program 973- 300-4149  
Center for Prevention and Counseling-  
Center for Youth 973- 383-4787  
The Center for Families with Special  
Needs, Inc. 973- 827-4419  
Contracted Systems Administrator -  
Perform Care 877- 652-7624  
Court Appointed Special Advocates  
(CASA) 973- 579-0723  
Family Intervention Services 973- 383-  
4464  
Family Support Organization of Morris  
& Sussex Counties 973- 940-3194  
973- 770-2700  
Kinship Navigator Program call 2-1-1  
for access  
NORWESCAP Head Start (Admin.  
Office) 908- 454-8830  
Newton 973- 300-4091  
Sussex 973- 875-8565  
Branchville 973- 948-2778  
Hopatcong 973- 398-4486  
NORWESCAP Child & Family  
Resource Services 973- 383-3461  
NORWESCAP WIC Program 973- 579-  
5155  
Parent Child Early Intervention Program  
(special needs children) 973- 948-5239  
Partnership for Social Services

# Human Services Resource Guide

(indiv. counseling for children, support groups, etc.) 973- 827-4702  
Special Children's School (multiply handicapped) 973- 579-6980  
Sussex County Association for the Education of Young Children 973- 300-2185  
Sussex County Youth Advocate Program (YAP) 973- 729-3617

## CHILD STUDY TEAMS, S.C.

NJ State Department of Education 973- 579-6996

## CHILD SUPPORT

Courts - Child Support Unit 973- 579-0620  
Child Support Hotline 877- 655-4371  
Probation (enforcement) 973- 579-0600  
Child Support website  
[www.njchildsupport.org](http://www.njchildsupport.org)  
Sussex County Division of Social Services (intake) 973- 383-3600

## CHORE/HOME MAINTENANCE SERVICES

Christian Outreach 973- 625-4911  
DAWN 973- 361-5666  
NORWESCAP 973- 383-6020  
Pass-It-Along 973- 726-9777

## CLOTHING

Branchville United Methodist Church Thrift Shop 973- 948-3749  
Graces Open Door, Reformed Baptist Church 973- 383-6020  
Harvest Home Clothing Company (SCARC)  
(Newton site) 973- 383-7000  
Harvest Home Clothing Company (SCARC)  
(Ogdensburg site) 973- 827-5138  
Harvest Home Clothing Company (SCARC)  
(Wantage site) 973- 702-8530  
Partnership for Social Services 973- 827-4702  
Project Self-Sufficiency (working women's wardrobe) 973- 940-3500  
Call 2-1-1 for closest  
Thrift/Consignment shops. 2-1-1

## COLLEGES

Centenary College 908- 852-1400  
Financial Aid Hotline (NJ Dept. of Higher Ed) 800- 792-8670  
Sussex County Community College 973- 300-2100

## COMMUNICALL/LIFELINE

In-Home Health Service (Newton Memorial) 973- 579-6660  
St. Clare's Lifeline Program 888- 343-1991, 973- 726-6520

## CONSUMER COMPLAINTS

Better Business Bureau 609- 588-0808  
Division of Consumer Affairs 800- 242-5846, 973- 504-6200  
Legal Services Hotline 888- LSNJ LAW (576-5529)

## COURT SYSTEM

Child Support Hotline 877- 655-4371  
Child Support Unit 973- 579-0620  
Civil Law Division 973- 579-0914  
Court Appointed Special Advocates (CASA) 973- 579-0723  
Criminal Court 973- 579-0696  
Family Court 973- 579-0630  
Jury Information 973- 579-0700  
Jury Management 973- 579-0701  
Probation 973- 579-0600  
Public Defender 973- 383-9445  
Special Civil Part 973- 579-0918  
Worker's Compensation Court 973- 383-1600, 973- 770-4480

## CPR COURSES

American Red Cross 973- 579-1600  
Newton Memorial's Education Department 973- 579-8340  
St. Clare's CPR Training Center 973- 989-3213

## CREDIT COUNSELING

Consumer Credit Counseling Hotline 800- 388-2227  
Consumer Credit Counseling Service of NJ 888- 726-3260  
973- 267-4324

## DAYCARE, SENIOR

Sussex County Adult Day Care 973- 579-6699

## DEAF/HARD OF HEARING

Hearing Aid Assistance to the Aged and Disabled 800- 792-9745  
Information and Referral 800- 792-8339  
Help Line for the Deaf 800- 521-5247  
National Board for the Deaf 734- 522-2900  
Sussex County Division of Senior Services 973- 579-0555  
Sussex County Office on Disability Services 973- 948-6000  
TTY 973- 948-0793

## DENTAL ASSISTANCE

Delta Dental Senior Smiles (for seniors) 973- 971-5442  
Neighborhood Community Health Center (Newton site) (dental only) 973- 383-7001  
Plainfield site (medical & dental) 908- 753-6401

Sussex County Division of Social Services 973- 383-3600

## DETOX PROGRAMS

St. Clare's Medical Center 888- 626-2111  
Sunrise House 973- 383-6300

## DISABILITIES

Capitol Care (family support & residential care programs) 973- 426-1440  
Center for Families w/Special Needs, Inc 973- 827-4419  
Community Health Law Project (legal assistance) 973- 275-1175  
DAWN 973- 625-1940  
888- 383-DAWN  
TTY 973- 625-1932  
Disability Rights NJ 800- 922-7233  
609- 292-9742  
Easter Seals 732- 257-6662  
Easter Seals, Franklin site 973- 827-9066  
Early Intervention Services 888- 653-4463  
NJ Assistive Devices Recycling Center 800- DIAL TEC  
NJ Division of Developmental Disabilities 973- 927-2600  
Personal Assistant Services Program (PASP) 973- 948-6000  
Pre-school Handicapped Program 973- 579-6996  
Social Security Administration 800- 772-1213  
Special Child Health Services 973- 948-5239  
Special Education Programs and Services 973- 579-6996  
Special Needs Advocate for Parents (SNAP) 973- 813-7259  
Sussex County Association for Retarded Citizens - SCARC 973- 383-7442  
Sussex County Office on Disability Services 973- 948-6000  
TTY 973- 948-0793  
Sussex House (Psychiatric disabilities) 973- 579-8670  
Vocational Rehabilitation Services, NJ Division of 908- 852-4110  
Well Spouse Association 800- 838-0879

## DISASTER ASSISTANCE

American Red Cross 973- 579-1600  
Environmental Emergencies (National Response Center) 800- 424-8802  
Sussex County Office of Emergency Management 973- 579-0380

## DISCRIMINATION

Disability Rights NJ 800- 922-7233  
Equal Employment Opportunity Commission 973- 645-6383  
NAACP (Morris County Chapter) 973- 267-5261

# Human Services Resource Guide

NJ Division on Civil Rights 609- 292-4605  
NJ Division on Women 609- 292-8840

## **DISPLACED HOMEMAKERS/SINGLE PARENTS**

Project Self Sufficiency 973- 940-3500

## **DOMESTIC VIOLENCE**

Domestic Abuse Services, Inc. (DASI)  
24 hour hotline 973- 875-1211  
Main # 973- 579-2386  
DECIDE Program (for offenders) 973-579-2500

## **EATING DISORDERS**

Center for Mental Health (Newton Hospital) 973- 383-1533  
National Eating Disorders Association (NEDA) Helpline 800- 931-2237  
NJ Eating Disorders Helpline 800- 624-2268

## **EDUCATION, CONTINUING ADULT**

High Point High School 973- 875-3170  
Kittatinny Regional High School 973-383-1800  
Literacy Volunteers of Sussex County 973- 300-9444  
Sussex County Technology School 973-383-6700 ext. 228  
Sussex County Community College 973-300-2140

## **EDUCATIONAL SERVICES**

Conservation, New Jersey School of 973- 948-4646  
G.E.D.-SCCC Testing Center 973- 300-2155  
Project Self Sufficiency 973- 940-3500  
Literacy Volunteers of Sussex County 973- 300-9444  
New Jersey State Department of Education 973- 579-6996  
NJ Dept. of Higher Education Financial Aid Hotline 800- 792-8670  
Rutgers Cooperative Extension Service 973- 948-3040  
Sussex County Community College 973-300-2140  
Sussex County Educational Services Commission 973- 579-6980

## **EDUCATION SERVICES, SPECIAL EDUCATION**

Early Intervention Program 888- 653-4463  
New Jersey State Department of Education 973- 579-6996  
Pre-School Handicapped Program 973-579-6996

Special Child Health Services 973- 948-5239  
Special Children's School 973- 579-6980

## **END-OF-LIFE-CARE**

Karen Ann Quinlan Hospice 973- 383-0115, 800- 882-1117

## **ENVIRONMENTAL EDUCATION**

Conservation, New Jersey School of 973- 655-7614

## **EVALUATIONS: Medical, Education, Psychological, Substance Abuse**

Center for Evaluation & Counseling 973- 300-1900  
Center for Mental Health 973- 383-1533  
Center for Prevention and Counseling 973- 383-4787

## **EVICITION PREVENTION**

Homeless Prevention Program - NORWESCAP 908- 454-7000  
Legal Services of Northwest Jersey 973-383-7400  
Legal Services Hotline 888- LSNJLAW (576-5529)  
Sussex County Division of Social Services 973- 383-3600

## **EXTENSION SERVICE**

Rutgers Cooperative Extension Service 973- 948-3040

## **FAMILY PLANNING**

Planned Parenthood of Northwest New Jersey 973- 383-5218

## **FINANCIAL ASSISTANCE**

For a listing of state and federal benefits you might be eligible for [www.govbenefits.gov](http://www.govbenefits.gov)  
Dollar to Dreams/NORWESCAP'S IDA Program 908- 454-7000  
NJ Helps (online screening tool for various types of assistance, etc.) [www.njhelps.org](http://www.njhelps.org)  
People Help of Sussex County 973- 729-1745  
The Salvation Army, administrative office\* 908- 851-9300  
\*(or call 2-1-1: for the name of the volunteer serving your community) 2-1-1  
Social Security/SSI 800- 772-1213  
TTD 800- 325-0778  
Sussex County Division of Social Services 973- 383-3600  
Progress of Medicare Claims 800- 462-9306

## **FINANCIAL PLANNING/PROGRAMS**

Center for Prevention and Counseling - Financial Stability Project 973- 383-4787  
Consumer Credit Counseling Service of NJ, Inc. 888- 726-3260  
Institute of Certified Financial Planners 800- 282-7526  
Northwest NJ Regional Women's Center 908- 852-9365

## **FIRST AID PROGRAMS**

American Red Cross 973- 579-1600  
Newton Memorial's Education Department 973- 579-8340  
St. Clare's CPR Training Center 973- 989-3213

## **FIX-IT-PROGRAMS**

Christian Outreach Project (summer) 973- 625-4911  
DAWN- Home Modifications for disabled residents 973- 625-1940  
888- 383-DAWN  
Emergency Housing Repair Program (DCA) 609- 633-6277  
Pass-It-Along (volunteers) 973- 726-9777

## **FOOD/FOOD PANTRIES**

Andover Presbyterian Church 973- 786-5094  
Beas Kitchen & the Grocery Cart - Episcopal Church of the Good Shepherd 973- 875-0919  
Beehive Thrift Store, Newton 973- 383-1228  
Blessed Kateri Church 973- 729-1682  
Bodhi Monastery 973- 940-0711  
Branchville United Methodist Church 973- 948-3749  
Church Mouse Thrift Shop- United Methodist Church, Sparta 973- 729-9121  
First Baptist Church, Sussex 973- 875-9451  
First Presbyterian Church of Sparta 973-729-6197  
Glenwood Baptist Church 973- 764-7681  
Harvest Home Food Company (SCARC) 973- 827-4076  
Harvest House Community Lunch Program (Sussex) 973- 764-8500  
Holy Counselor Lutheran Church 973-827-5251  
Lafayette Federated Church 973- 383-4461  
Manna House Community Kitchen (Newton) / M-F  
11:30-12:30 free lunch 973- 579-6517  
Meals on Wheels 973- 209-0123  
Our Lady of Mt. Carmel Church 973-383-3566  
Partnership for Social Services 973-827-4702

# Human Services Resource Guide

Redeemer Lutheran Church 973- 383-3945  
Salvation Army Food Pantry 973- 827-2973  
973- 383-6020  
Samaritan Inn 973- 827-8911  
St. Francis De Sales Church 973- 827-3248  
St. Thomas the Apostle Church 973- 948-4634  
Sussex County Division of Social Services (Food Stamps) 973- 383-3600  
Sussex Help Center 973- 702-1922  
Westside United Methodist Church 973- 398-0846  
WIC Program (Women, Infants, Children Food Program) 973- 579-5155  
Yellow Frame Presbyterian Church 973- 383-5364  
Call 2-1-1 to see if there is a food pantry serving

## FOOD, SENIOR

Meals on Wheels 973- 209-0123  
S.C. Nutrition Project: "The Golden Lunch Bunch" 973- 209-0123  
Franklin 973- 827-2973  
Hopatcong 973- 398-9111  
Newton 973- 579-2120  
Vernon 973- 764-5454  
Sussex 973- 875-9720

## FOOD STAMPS

New Jersey Food Stamp Information Line (toll-free) 800- 687-9512  
Sussex County Division of Social Services 973- 383-3600

## FOSTER HOMES

Division of Youth and Family Services (DYFS) 973- 383-8400  
Foster Care Information 800- 222-0047  
NJ Foster Care Information [www.njfoστεrcare.org](http://www.njfoστεrcare.org)

## 4-H PROGRAMS

Rutgers Cooperative Extension Service 973- 948-3040

## FURNACE: REPAIR/REPLACE

Emergency Housing Repair Program (DCA) 609- 633-6277  
Housing Repair Program 908- 852-2576 x 4  
NORWESCAP, Inc. 973- 383-6020

## GAMBLING, COMPULSIVE

Council on Compulsive Gambling 800- GAMBLER (426-2537)  
609- 588-5515

## GAY & LESBIAN SERVICES

Family Support Organization of Morris & Sussex Counties 973- 940-3194  
Gay Activist Alliance (Morris County) 973- 285-1595  
Parents and Friends of Lesbians and Gays (PFLAG) 973- 543-7229  
Pride Center of New Jersey 732- 846-2232

## G.E.D.

Adult Basic Education/G.E.D. Preparation (SCCC) 973- 300-2154  
Project Self Sufficiency 973- 940-3500

## GLASSES

EyeCare America (for seniors) 800- 222-3937  
Gift of Sight program through Lenscrafters\* (income eligible program) 973- 366-9887  
New Eyes for the Needy 973- 376-4903  
Newton Lions Club 973- 383-5373  
The Salvation Army Service Unit (Call 2-1-1 for the volunteer serving your community) 2-1-1

## HEADSTART PROGRAMS

NORWESCAP/Early Head Start - Sussex County 973- 300-4091  
Head Start Administration of NORWESCAP, Inc. 908- 454-8830  
Branchville 973- 948-2778  
Newton 973- 300-4091  
Sussex 973- 875-8565  
Hopatcong 973- 398-4486

## HEALTH FAIRS

Sussex County Public Health Nursing 973- 579-0570

## HEALTH INSURANCE

FamilyCare/KidCare/Medicaid (SC Div. of Soc. Serv.) 973- 383-3600  
NJ FamilyCare 800- 701-0710  
Original Medicare Parts A & B 800- 633-4227  
SHIP (help Medicare enrollees with forms) 973- 579-0555 ext. 1223

## HEALTH SERVICES

Alzheimer Association 800- 883-1180  
In Home Health Services 973- 579-6660  
Neighborhood Community Health Center (Medical) - Plainfield 908- 454-4600 [www.phcmednet.org](http://www.phcmednet.org)  
Neighborhood Community Health Center - Newton 973- 383-7001  
Newton Memorial Hospital Adult Clinic 973- 579-8650

Newton Memorial Hospital Blood Pressure Screening 973- 579-8340  
Newton Memorial Hospital Community Health Program 973- 579-8622  
NJ Dept. of Health and Senior Services 800- 367-6543  
Pediatric Services of America 973- 579-5355  
Planned Parenthood 973- 383-5218  
Project Self-Sufficiency (Women's Health) 973- 940-3500  
Radon Hotline 800- 648-0394  
Sussex Community Chest Clinic 973- 948-4093  
Sussex Community Clinic 973- 702-2925  
Sussex County Department of Environmental and Public Health Services 973- 579-0370  
Sussex County Public Health Nursing: Child/Baby/Adult Services, immunizations, vaccinations, etc. 973- 579-0570

## HEALTH/CHORE SERVICES, IN HOME

All Quality Care, Inc. 973- 579-9333  
As Needed 973- 940-2000  
In Home Health Services 973- 579-6660  
PSA Healthcare 973- 579-5355  
Sussex County Division of Social Services (homemaker/chore services) 973- 383-3600  
Visiting Nurse Association of Saint Clare's 973- 729-7078

## HEARING ASSISTANCE

Deaf/Hard of Hearing Information and Referral 800- 792-8339  
Sussex County Office on Disability Services 973- 948-6000  
TTY 973- 948-0793  
Speech-Language-Hearing Association 800- 638-TALK (8255)

## HOME ECONOMIST

Rutgers Cooperative Extension Service 973- 948-3040

## HOME ENERGY ASSISTANCE (HEA)

People on Food Stamps: S.C. Division of Social Services 973- 383-3600  
Everyone else: NORWESCAP 973- 383-6020

## HOME REPAIR

Cerebral Palsy of NJ 908- 813-8292  
Christian Outreach Project (summer) 973- 625-4911  
DAWN for disabled residents 973- 625-1940  
Emergency Housing Repair Program (DCA) 609- 633-6277  
Hope House (seniors) 973- 361-5555

# Human Services Resource Guide

Sussex County Multi-Jurisdictional  
Emergency Housing Repair Fund 888-  
454-4778  
(NORWESCAP) 908- 454-7000  
ext. 160  
USDA Rural Development 908- 852-  
2576

## HOMELESS PROGRAMS

Homelessness Prevention Program 908-  
454-7000, 877- 661-4357  
Interfaith Hospitality Network, Inc. 973-  
579-1180  
Rental Assistance Program (DCA) 973-  
383-5602  
Samaritan Inn 877- 827-8411  
973- 827-8911  
Sussex County Division of Social  
Services 973- 383-3600

**\*For Homeless emergencies after  
hours/holidays/weekends:**

**Call Samaritan Inn 877- 827-8411**

## HOSPICE

Karen Ann Quinlan Hospice 973- 383-  
0115  
Compassionate Care Hospice 973- 402-  
4712

## HOSPITALS/MEDICAL CENTERS

Bon Secours Community Hospital 845-  
856-5351  
Hackettstown Community Hospital 908-  
852-5100  
Morristown Memorial Hospital 973-  
971-5000  
Newton Memorial Hospital 973- 383-  
2121  
Renal Center of Newton 973- 940-0965  
Saint Clare's Medical Center  
Boonton 973- 316-1800  
Sussex 973- 702-2600  
Denville 973- 625-6000  
Dover 973- 989-3000  
Sparta Cancer Center 973- 726-0005  
973- 729-7007  
St. Anthony Community Hospital 845-  
986-2276

## HOTLINES

2-1-1 (24-hr.) 2-1-1  
AA 800- 322-5525  
Center for Mental Health (NMH) 24-hr.  
emergency # 973- 383-0973  
Council on Compulsive Gambling (24-  
hr.) 800- GAMBLER  
Domestic Violence (DASI) (24-hr.) 973-  
875-1211  
DYFS (child abuse) (24-hr.) 877- NJ-  
ABUSE  
Family Support Organization of Morris  
& Sussex Counties Warm Line for  
Parents 973- 940-3194  
S.A.F.E. Alternatives (self-injury  
helpline) 800- DON'T CUT  
Saint Clare's Behavioral Health  
Assessment & Crisis Line - 24 hr. 973-  
625-0280

## HOUSING

Birth Haven (pregnant women) 973-  
579-7979  
Interfaith Hospitality Network 973- 579-  
1180  
Loving Arms (pregnant women) 973-  
729-1449  
NJ Housing Resource Center  
[www.njhousing.gov](http://www.njhousing.gov)  
NJ Office of Landlord-Tenant  
Information 609- 292-4174  
NORWESCAP Dollars to Dream  
Program 800- 480-8662  
Rental Assistance Program (DCA) 973-  
383-5602  
S.C. Habitat for Humanity 973- 383-  
8882  
SCARC Residential Services 973- 383-  
7442  
Samaritan Inn 877- 827-8411  
973- 827-8911  
USDA Housing Loan Program 908-  
852-2576  
Sussex County Div. of Social Services  
973- 383-3600  
Supportive Housing for Adults with  
Mental Illness:  
Advance Housing 973- 940-8882  
Community Hope 973- 463-9600

## HOUSING, LOW COST SENIOR

Brookside Terrace Apartments 973- 383-  
6080  
Concetta Towers 973- 209-2808  
Home Buyers Program (NJHMFA) 800-  
NJ-HOUSE  
Homestead 973- 948-5400  
Knoll Heights Village and Knoll View  
973- 729-4311  
Liberty Towers 973- 383-5191  
**For other options including nursing  
home placements, inhome  
care, etc., call:**  
Sussex County Division of Senior  
Services 973- 579-0555  
Sussex County Division of Social  
Services 973- 383-3600

## HUMAN SERVICES AGENCIES/COUNCILS

Sussex County Council of Service  
Agencies S.C. CSA, P.O. Box  
Agencies (CSA) 134, Newton, NJ 07860  
Sussex County Human Services  
Advisory Council, Office of 973- 948-  
6000  
Sussex County JOEL (collaboration of  
social service agencies throughout  
Sussex County)  
[www.sussexcountynjoel.org](http://www.sussexcountynjoel.org)  
United Way of Sussex County 973- 579-  
3040

## HUMAN SERVICES DIRECTORIES - General Purpose

The Self-Help Group Directory/NJ  
Clearinghouse 800- 367-6274  
The Sussex County Citizen's Guide 973-  
948-6000

## IMMIGRATION SERVICES

American Friends, Newark 973- 643-  
1924  
El Refugio 973- 383-5099  
Immigration and Naturalization 973-  
645-4400  
International Institute of NJ 201- 653-  
3888  
Jewish Family Service Agency of  
Central NJ 908- 352-8375  
Nationalities Service Center 215-  
893-8400

## IMMUNIZATION CLINICS

Sussex County Public Health Nursing  
973- 579-0570

## INCOME TAX ASSISTANCE

VITA (**Volunteer Income Tax  
Assistance for Seniors**) - S.C. Div.  
of Senior Services 973- 579-0555

## INFANTS

Infant Abandonment Program/Safe  
Haven  
Program 877- 839-2339  
NORWESCAP Early Head Start 973-  
209-8512  
NORWESCAP WIC (Women-Infants-  
Children Food Program) 973- 579-5155  
Project Self-Sufficiency 973- 940-3500

## INPATIENT SERVICES, MENTAL HEALTH

Center for Mental Health (NMH) 973-  
383-1533  
St. Clare's Children's and Adolescent's  
Psychiatric Unit 973- 316-1982

## JAIL, COUNTY

Juvenile Detention Center 973- 948-  
6000  
Keogh-Dwyer Correctional Facility 973-  
579-0875

## LEGAL ASSISTANCE

ACLU of NJ 973- 642-2084  
Community Health Law Project 973-  
275-1175  
Lawyer Referral Service 973- 267-5882  
Legal Services Hotline 888- LSNJLAW  
(576-5529)  
[www.lsnj.org](http://www.lsnj.org)  
Legal Services of NW Jersey 973- 383-  
7400

# Human Services Resource Guide

Northwest NJ Regional Women's Center  
908- 852-9365  
Project Self Sufficiency Legal Education  
Program (consultations, clinics, etc.)  
973- 940-3500  
Small Claims Court, S.C. 973- 579-0918

## LIBRARIES

Sparta Municipal Library 973- 729-3101  
Sussex County Library System:  
Main Branch (Frankford Township) 973-  
948-3660  
Franklin 973- 827-6555  
Newton 973- 383-4810  
Stanhope 973- 770-1000  
Sussex 973- 875-3940  
Vernon 973- 827-8095

## LIFEGUARD TRAINING

American Red Cross 973- 579-1600

## LITERACY

Even Start Family Literacy  
Program/CCRS 973- 383-3461  
Hopatcong High School (ESL) 973-  
770-8861  
Literacy Volunteers, S.C. 973- 300-9444

## LYME DISEASE

Lyme Disease Hotline 800- 792-8831  
Sussex County Public Health Nursing  
973- 579-0570

## MEALS ON WHEELS

Catholic Family and Community  
Services 973- 209-0123

## MEDICAL ALERT SYSTEMS

AlertOne 800- 693-5433  
Health Watch 800- 685-5252  
In Home Health Services 973- 579-6660  
LifeFone 800- 882-2280  
Medic Alert Foundation 800- 432-5378  
Saint Clare's Lifeline 888- 343-1991

## MEDICAL ASSISTANCE/EQUIPMENT PROGRAMS

AM Ramp 800- 649-5215  
At Home Medical 973- 827-8801  
Bach's Home Health Care Supply 800-  
272-7043  
Back-in-Action (Assistive Devices) 800-  
DIAL TEC  
Catastrophic Illness in Children Program  
609- 292-0600, 800- 335-3863  
Medic Alert Foundation 800- 432-5378  
Medicare Information (Part B) 800- 462-  
9306  
NJ HealthCare Medical Equipment 866-  
971-5478  
Scooter Store 866- 724-5665

SHIP (Counseling on Health Insurance  
for Medicare Enrollees) - S.C. Div. of  
Senior Services 973- 579-0555  
Supplementary Security Income (Social  
Security Administration)  
800- 772-1213  
Sussex County Division of Social  
Services (Family Care/Kid Care  
Medically Needy/Medicaid) 973- 383-  
3600

## MEDICAL ASSOCIATIONS/FOUNDATIONS

Alzheimer's Hotline 800- 424-2494  
American Cancer Society 973- 331-9300  
800- 227-2345  
[www.cancer.org](http://www.cancer.org)  
American Diabetes Association 800-  
232-3472  
American Heart Association 800- 634-  
1242  
American Lung Association of NJ 908-  
687-9340  
American Parkinson's Disease  
Association 800- 223-2732  
American Red Cross, Sussex Co.  
Chapter 973- 579-1600  
American SIDS Institute 800- 232-SIDS  
Arthritis Foundation, NJ Chapter 732-  
283-4300  
Birth Defects Foundation, March of  
Dimes 973- 882-0700  
Blind, American Foundation for the 800-  
232-5463  
Brain Injury Association of New Jersey  
732- 738-1002  
Brain Injury Family Helpline 800- 669-  
4323  
Cancer Information Service/Nat'l Cancer  
Institute 800- 237-1225  
Cystic Fibrosis Foundation 973- 595-  
1232  
Diabetes Association, American 800-  
342-2383  
Epilepsy Foundation of America 800-  
EFA-1000  
Foundation for Advancement in Cancer  
Therapy 212- 741-2790  
Hepatitis C Treatment & Access Hotline  
800- 822-7422  
Kidney Fund, American 800- 638-8299  
Liver Foundation, American 800- 223-  
0179  
Lupus Foundation 800- 322-5816  
Medic Alert Foundation 800- ID  
ALERT  
National Multiple Sclerosis Society  
(North Jersey Chapter) 201- 967-5599  
National Parkinson Foundation, Inc.  
800- 327-4545  
National Resource Center on AD/HD  
(Attention Deficit/Hyperactivity  
Disorder) 800- 233-4050  
Organ Donation 800- 528-2971  
Polycystic Kidney Disease Foundation  
800- PKD-CURE  
(753-2873)  
Stroke Support Group 973- 579-8620  
(NMH)

## MENTAL HEALTH SERVICES

Newton Memorial Hospital Center for  
Mental Health  
**24-Hour Mental Health Emergency**  
973- 383-0973  
Main 973- 383-1533  
Advance Housing 973- 940-8882  
Capitol Care 973- 426-1440  
Care Point (NMH) 973- 579-8312  
Carrier Clinic 800- 933-3579  
Center for Evaluation & Counseling  
973- 300-1900  
Centers for Behavioral Success 973-  
409-0771  
Community Hope 973- 463-9600  
DASI/PSS Mental Health Services  
Project 973- 579-2386  
973- 940-3500  
Family Intervention Services 973- 383-  
4464  
High Focus 800- 877-3628  
Hope House (adult psychiatric services)  
973- 361-5555  
Kids Cope  
(IFSS Program-support group for kids)  
973- 702-2953  
NAMI, Sussex 973- 823-0122  
973- 875-7802  
National Mental Health Association 800-  
969-NMHA (6642)  
National Mental Health Consumers Self-  
Help Clearinghouse (English and  
Spanish) 800- 553-4539  
NJ Psychiatric Assoc. Referrals 800-  
345-0143  
NJ Self-Help Group Clearinghouse (for  
meeting information for support groups -  
local, national & online) 800- 367-6274  
North Jersey Counseling Centers 973-  
252-5120, 973- 729-1667  
Partnership for Social Services 973-  
827-4702  
Saint Clare's Behavioral Health - CCIS  
Unit Children's Crisis Intervention  
Service 888- 626-2111, 973- 316-1945  
Saint Clare's Center for Behavioral  
Health Services all programs/at all  
locations (24 hours)  
888- 626-2111  
Saint Clare's Intensive Family Support  
Services (IFSS) 973- 702-2741  
Summit Oaks Hospital 800- 753-5223  
Sussex County Mental Health Board  
973- 948-6000  
Teen Suicide Hotline (24 hours) 800-  
448-3000  
Contracted Systems Administrator -  
PerformCare 877- 652-7624  
A Way to Freedom self-help center 973-  
300-0830

## MENTAL RETARDATION

The Arc of NJ 732- 246-2525  
SCARC 973- 383-7442

# Human Services Resource Guide

## MENTORING

Center for Prevention and Counseling - Mentoring Plus Program 973- 300-4149  
Center for Prevention and Counseling - Center for Youth 973- 383-4787  
Project Youth of Northwestern New Jersey, Inc. 862- 354-7467

## MISSING CHILDREN

Center for Missing and Exploited Children 800- 843-5678  
Covenant House National Crisis Line 800- 999-9999  
Girls & Boys Town Hotline 800- 448-3000  
National Runaway - 24 Hour switchboard 800- RUNAWAY (786-2929)  
(TDD) 800- 621-0394

## MORTGAGE FORECLOSURE ASSISTANCE

Homelessness Prevention Program (NORWESCAP) 908- 454-7000  
Sussex County Division of Social Services 973- 383-3600

## NURSING HOMES

For a complete listing of county facilities, contact Sussex County Division of Social Services or  
Sussex County Division of Senior Services 973- 383-3600  
973- 579-0555  
Andover Subacute & Rehab Center 973- 383-6200  
Barn Hill Care Center 973- 383-5600  
Bristol Glen 973- 300-5788  
Sussex County Homestead 973- 948-5400  
Valley View Care Center 973- 383-1450

## NUTRITION COUNSELING

Newton Memorial Hospital 973- 579-8340  
Sussex County Public Health Nursing 973- 579-0570

## OUTREACH SERVICES, MENTAL HEALTH

Care Point (NMH) 973- 579-8312  
Center for Mental Health (NMH) 973- 383-1533  
**24 hour emergency number** 973- 383-0973

## OVERDOSE, DRUG/ALCOHOL

Newton Memorial Hospital 973- 383-2121  
St. Clare's/Denville 973- 625-6000  
St. Clare's/Sussex 973- 702-2600

## PARENTING SKILLS

Center for Prevention and Counseling - Strengthening Families 973- 383-4787  
Child and Family Learning Development Course (NMH) 973- 383-1533  
Family Support Organization of Morris & Sussex Counties 973- 940-3194  
Hope House 973- 361-5555  
Newton Memorial Hospital - Community Benefits - (parenting classes) 973- 579-8340  
NORWESCAP'S Child & Family Resource Services 973- 383-3461  
Parents Anonymous 800- 843-5437  
Partnership for Social Services 973- 827-4702  
Project Self Sufficiency 973- 940-3500  
Today's Choice 973- 579-2272

## PASSPORTS

Sussex County Clerk's Office 973- 579-0900

## PERSONAL ASSISTANCE

Div. of Development Disabilities, NJ 973- 927-2600  
In-Home Health Services 973- 579-6660  
Personal Assistance Services Program (PASP) 973- 948-6000  
SCARC 973- 383-7442  
Visiting Nurse Association of Saint Clare's 973- 729-7078

## PHOTO ID'S

Division of Motor Vehicles 888- 486-3339  
Sussex County Clerk's Office 973- 579-0900

## POISON CONTROL CENTER

Poison Control Center 800- 764-7661  
800- 962-1253  
(\*to reach closest poison control center nationwide) 800- 222-1222\*

## POST-TRAUMATIC STRESS DISORDER

Veteran: NJ Dept.of Military and Veterans' Affairs 973- 383-4949

## PREGNANCY TESTING

Birthright 800- 550-4900  
973- 361-6665  
Planned Parenthood of Northwest NJ 973- 383-5218  
Today's Choice Pregnancy Center (24-hr.helpline) 973- 579-2272

## PREGNANCY, TEEN

Birth Haven 973- 579-7979  
Birthright 800- 550-4900  
973- 361-6665

Children's Home Society of New Jersey 908- 735-9458  
Pregnancy Counseling/Shelter 800- 662-2678  
Planned Parenthood of Northwest NJ 973- 383-5218  
Prenatal Clinic at **Newton Memorial Hospital** 973- 579-8450  
Project Self Sufficiency 973- 940-3500  
Sussex County Right to Life 973- 948-5989  
Today's Choice Pregnancy Center 973- 579-2272  
WIC Program 973- 579-5155

## PRESCHOOL PROGRAMS-LOW INCOME

Early Head Start/NORWESCAP 973- 300-4091  
Head Start/NORWESCAP (with sites in Branchville, Newton, Hopatcong and Sussex) 908- 454-8830  
Rainbows of Learning 973- 383-5956

## PRESCRIPTION ASSISTANCE

Garden State Prescription Savings Program 800- 633-0037  
Needy Meds [www.needymeds.org](http://www.needymeds.org)  
NJ Prescription Assistance Program 888- Rx for NJ  
[www.rx4nj.org](http://www.rx4nj.org)  
Partnership for Prescription Assistance 888- 477-2669  
Senior Gold Card (to get an application) 973- 579-0555  
Sussex County Division of Social Services 973- 383-3600  
Sussex County Division of Senior Services- PAAD 973- 579-0555  
S.C. Prescription Savings Program 800- 633-0037  
Together Rx Access 800- 444-4106  
United Way of Sussex County - *Familywise*  
Prescription Drug Discount Card 973- 579-3040

## RABIES

Sussex County Health Department 973- 579-0370

## RAPE

DASI's Sexual Trauma Resource Center 973- 300-5609  
24-hour Hotline 973- 875-1211  
Sexual Assault Program/NMH 973- 579-8340  
Sussex County Prosecutor's Office 973- 383-1570

## READING/ADULT LEARNING

Even Start Family Literacy Program/CCRS 973- 383-3461  
Hopatcong High School (ESL) 973- 770-8861



# Human Services Resource Guide

Literacy Volunteers of Sussex County  
973- 300-9444  
The Literacy Lab/Franklin Pros 973-  
209-0795

## RECYCLING

County Facility: SCMUA Solid Waste  
Complex/Lafayette  
973- 579-6998

## RENTAL ASSISTANCE

Rental Assistance Program (DCA) 973-  
383-5602  
Sussex County Division of Social  
Services 973- 383-3600

## RESPIRE CARE

Barn Hill Care Center 973- 383-5600  
Bristol Glen 973- 300-5788  
Div. of Development Disabilities, NJ  
973- 927-2600  
In Good Company 973- 948-5400  
ext. 3122  
In-Home Health Services 973- 579-6660  
Personal Assistant Services Program  
973- 948-6000  
Saint Clare's Intensive Family Support  
Services 973- 702-2741  
SCARC 973- 383-7442  
United Cerebral Palsy of Northern,  
Central and Southern NJ 908- 879-2243  
Visiting Nurse Association of Saint  
Clare's 973- 729-7078

## SCOUTING

Boy Scouts of America 609- 419-1600  
Lenni-Lenape Girl Scout Council, Inc.  
973- 248-8200

## SENIOR HOUSING, LOW COST

Brookside Terrace Apartments 973- 383-  
6080  
Concetta Towers 973- 209-2808  
Homestead 973- 948-5400  
Knoll Heights Village/Knoll View 973-  
729-4311  
Newton Housing Authority/Liberty  
Towers 973- 383-5191

## SENIOR PROGRAMS

American Association of Retired  
Persons (AARP) 202- 434-2277  
A Place for Mom 800- 333-6554  
Center for Prevention and Counseling  
973- 383-4787  
Disability Rights NJ 800- 922-7233  
Eldercare Locator 800- 677-1116  
Elder Fraud Unit 973- 504-6534  
Elder Info Line National Hotline 866-  
847-4418  
Emergency Housing Repair Fund-  
NORWESCAP  
908- 454-7000

Experience Works! - One Stop Career  
Center 800- 854-1578  
Family Support Organization of Morris  
& Sussex Counties (support groups for  
grandparents & caretakers) 973- 940-  
3194  
Franklin Senior Center (for Franklin  
residents) 973- 827-2973  
Hope House 973- 361-5555  
In-Home Health Services 973- 579-6660  
Lawyers Referral Service 973- 267-5882  
Medical Assistance Information  
(PAAD, HAAD, Senior Gold and  
Lifeline) 800- 792-9745  
Medicare Issues Hotline 800- 633-4227  
NJ EASE toll-free number 877- 222-  
3737  
NJ Dept. of Civil Rights 609- 292-4605  
NJ Dept. of Health and Senior Services  
800- 367-6543  
PAAD (Pharmaceutical Assistance to the  
Aged and Disabled) 800- 792-9745  
NJ Office of the Ombudsman 877- 582-  
6995  
People Help of Sussex County  
(financial assistance w/ utility, repairs,  
heating, etc.) 973- 729-1745  
Public Guardian for Elderly 609- 943-  
3519  
RSVP: Retired & Senior Volunteer  
Program of Sussex County 973- 209-  
7487  
SCARC Senior Center 800- 383-0468  
Senior Care Program (NMH) 973- 579-  
8499  
Senior Citizen's General Services Info.  
800- 792-8820  
Senior Quality of Life Foundation 973-  
940-9094  
SHIP (help with medical insurance  
forms) 973- 579-0555  
ext. 1223  
Social Security Administration 800-  
772-1213  
St. Clare's Friends for Life Program 800-  
336-5273  
Sussex County Adult Day Care 973-  
579-6699  
Sussex County Division of Senior  
Services - 973- 579-0555  
[seniorservices@sussex.nj.us](mailto:seniorservices@sussex.nj.us)  
Sussex County Division of Social  
Services 973- 383-3600  
Sussex County Public Health Nursing  
973- 579-0570  
Sussex County Surrogate 973- 579-0920  
Visiting Nurse Association 973- 729-  
7078  
VITA (Volunteer Income Tax Assistant)  
973- 579-0555  
Volunteer and Junior Volunteer Dept. at  
Newton Memorial Hospital 973- 579-  
8370

## Transportation for Seniors

CF&Cs Assisted Transportation 973-  
209-0123  
STOP (Special Transportation for Older  
Persons)

973- 579-0480  
Senior Transportation for residents of:  
Byram 973- 347-2500  
Newton 973- 277-9555  
Sparta 973- 729-8542

## SENIOR EMPLOYMENT SERVICES

Retired & Senior Volunteer Program  
973- 209-7487  
Workforce 55+ 973- 209-8501

## SEX EDUCATION

Planned Parenthood of Northwest N.J.  
973- 383-5218

## SEXUAL ASSAULT

Child Assault Prevention Project (CAP)  
973- 702-0602  
DASI Sexual Assault Program 973- 300-  
5609  
24-hour hotline 973- 875-1211  
Division of Youth and Family Services  
(DYFS) 877- NJ ABUSE  
Ginnie's House 973- 579-0770

## SEXUALLY TRANSMITTED DISEASES

Division of Public Health Nursing 973-  
579-0570  
Hope House 973- 361-5555  
Planned Parenthood 973- 383-5218  
Planned Parenthood Hotline 800- 230-  
PLAN (7526)  
STD hotline (Social Health Association)  
800- 227-8922

## SINGLE PARENTING PROGRAMS

Center for Prevention and Counseling -  
Mentoring Plus Program 973- 383-4787  
NORWESCAP Child & Family  
Resource Services 973- 383-3461  
Parents Without Partners (National) 800-  
637-7974  
Project Self-Sufficiency 973- 940-3500

## SMOKING

Center for Prevention and Counseling  
973- 383-4787

## SUBSTANCE ABUSE

AA (NJ Addiction Hotline) 800- 322-  
5525  
800- 245-1377  
Addiction Hotline - 24 hrs. 800- 238-  
2333  
Addictions Referral Network 800- 577-  
4780  
Addiction Specialists Association (ASA)  
973- 300-9797  
Alanon/Alateen information 973- 744-  
8686

# Human Services Resource Guide

Alcohol and Substance Abuse Program  
973- 579-8675  
(NMH) 973- 383-1533  
Alina Lodge 800- 575-6343  
Capitol Care 973- 426-1440  
Carrier Clinic 800- 933-3579  
Center for Prevention & Counseling  
973- 383-4787  
(Changes Program, Assessments,  
Counseling, Prevention  
and Treatment Classes, Adult IOP  
Program, etc.)  
Cocaine Hotline 800- COCAINE  
Daytop 973- 539-5764  
Family Afterward Program (Freedom  
House) 908- 310-0309  
Freedom House 908- 537-6043  
Hazeldon Foundation 800- 257-7800  
High Focus 800- 877-3628  
Hope House (adolescents & adults) 973-  
361-5555  
Intoxicated Driver's Resource Center for  
Sussex  
County (IDRC) (Capitol Care) 973- 426-  
1440  
Mrs. Wilson's (women only) 973- 540-  
1781  
Narcotics Anonymous (NA) 800- 992-  
0401  
New Life Recovery Center 973- 728-  
7788  
Newton Memorial Hospital 973- 579-  
8675  
Partnership for Social Services 973-  
827-4702  
Princeton House 609- 497-3355  
Saint Clare's Chemical Dependency  
and EAP Services 973- 316-1896  
888- 626-2111  
SAMHSA's Center for Substance Abuse  
800- 662-HELP  
Treatment (4357)  
TDD 800- 487-4889  
Spanish 877- 767-8432  
SAMHSA's National Clearinghouse  
for Alcohol and Drug Information 800-  
729-6686  
Summit Oaks Hospital 800- 753-5223  
Sussex County Office of Substance  
Abuse - info. & referral 973- 948-6000  
Sunrise House 973- 383-6300  
800- LETLIVE

## SUPPORT GROUPS/DIRECTORIES

Family Support Organization of Morris  
& Sussex  
Counties - support groups 973- 940-  
3194  
Newton Memorial Hospital - support  
groups  
(Breast Cancer, Caregivers/Alzheimer's,  
Diabetes, Cancer,  
Stroke, etc.) 973- 579-8340  
Project Self-Sufficiency  
(Family Success Center) 973- 940-3500  
NJ Self-Help Clearinghouse Directory  
800- 367-6274  
[www.njgroups.org](http://www.njgroups.org)

Support Groups Directory  
[www.selfhelpgroups.org](http://www.selfhelpgroups.org)

## SUICIDE

Newton Memorial Mental Health  
Services 973- 383-1533  
\*24 Hour Emergency Number 973-  
383-0973  
National Suicide Prevention Lifeline  
800- 273-TALK  
(8255)  
Suicide Hotline 800- SUICIDE  
(784-2433)  
Teen Suicide Hotline (24 hours) 800-  
448-3000  
The Jason Foundation (24-hr. suicide  
prevention community assistance  
resource line) 877- 778-2275

## SWIMMING INSTRUCTION

American Red Cross 973- 579-1600

## TALKING BOOKS

Blind and Visually Impaired, NJ State  
Commission 973- 648-2111  
Social Security Administration 800-  
772-1213  
TTD 800- 325-0778  
Blind and Handicapped, NJ Library for  
the 800- 792-8322  
Recording for the Blind 609- 452-0606

## TERMINALLY ILL CHILDREN

Catastrophic Illness in Children Relief  
800- 335-FUND  
Fund (3863)  
609- 292-0600  
Karen Ann Quinlan Hospice 973- 383-  
0115  
Make a Wish Foundation 908- 964-5055  
800- 252-9474

## TICK IDENTIFICATION

Rutgers Cooperative Extension Service  
973- 948-3040

## TRANSLATION SERVICES

El Refugio 973- 383-5099  
International Institute of NJ 201- 653-  
3888  
Nationalities Service Center 215- 893-  
8400

## TRANSPORTATION

AMTRAK (Train) 800- 872-7245  
Carpooling Hotline 800- 245-POOL  
(7665)  
Lakeland (out-of-county bus service)  
973- 366-0600  
NJ Transit (bus and rail information)  
800- 772-2222  
Sussex County Transit System 973- 579-  
0480

(SCTS: in-county bus service) press 1  
TransOptions 973- 267-7600

## TRANSPORTATION, MEDICAL

AIDS Patients/Hope House 973- 361-  
5555  
STOP 973- 579-0480  
(Special Transportation of Older  
Persons) press 1

## TRANSPORTATION, SENIOR

ARC Ambulance Service 973- 383-7710  
Assisted Transportation 973- 209-0123  
Municipal Transit  
Byram 973- 347-2500  
Newton 973- 383-3522  
Sparta 973- 729-8542  
NJ Transit Reduced Fair Program 973-  
579-0555  
(call S.C. Div. of Senior Services for  
information)  
Sussex County Transit 973- 579-0480  
press 1

## UNEMPLOYMENT

NJ Dept. of Labor and Workforce  
Development-  
Division of Unemployment Insurance  
609- 292-7162  
Unemployment Claim Information  
System (Newton) 973- 383-7653  
One Stop Career Center Newton site  
973- 383-2775  
Franklin site 973- 209-8501

## UTILITY ASSISTANCE

Board of Public Utilities 800- 624-0241  
HEAP 800- 662-3115  
Lifeline 609- 588-7182  
NJ Lifeline (PAAD) 800- 792-9745  
NJ SHARES 609- 883-1626, 866- 657-  
4273  
NORWESCAP Home Energy  
Assistance Program  
- LIHEAP 908- 454-7000  
Newton 973- 383-6020  
Franklin 973- 209-7549  
People Help of Sussex County 973- 729-  
1745  
Sussex County Division of Social  
Services 973- 383-3600  
Universal Service Fund Program 866-  
240-1347

## VASECTOMY

Planned Parenthood of Northwest  
New Jersey 973- 383-5218

## VETERAN PROGRAMS

Castle Point VA Hospital 845- 831-2000  
Hudson Valley VA Clinic 845- 856-  
5396  
Lyons VA Hospital 908- 647-0180

# Human Services Resource Guide

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Morris Plains VA Outpatient Clinic 973-539-9794  
NJ Dept. of Military and Veterans Affairs Benefit Hotline 888- 8NJ-VETS  
Counseling Hotline 866- VETS-NJ4  
Veteran's Administration Regional Office (Federal) 800- 827-1000  
**Veteran's Administration Medical Center at:** 973- 676-1000  
East Orange ext. 1407  
Outpatient Clinic ext. 1409  
Veterans Service Officer, Sussex/Morris 973- 366-8347

## **VOCATIONAL TRAINING, PEOPLE WITH DISABILITIES**

Blind and Visually Impaired, NJ State Commission  
973- 648-2111  
Highlands Workshop (Easter Seals) 973-827-9066  
SCARC Supported Employment 973-383-7442  
Vocational Rehabilitation Services, NJ Div. of 908- 852-4110  
Workforce Development (formerly PIC) 973- 383-1048

## **VOLUNTEERING**

Pass-It-Along 973- 726-9777  
NORWESCAP RSVP: Retired & Senior Volunteer Program 973- 209-7487  
SCORE: Service Corps of Retired Executives 973- 300-2140  
Volunteer Match  
[www.volunteermatch.org](http://www.volunteermatch.org)

## **WATER SAFETY**

American Red Cross 973- 579-1600

## **WEATHERIZATION**

New Jersey Comfort Partners 800- 915-8309  
NORWESCAP 973- 383-6020

## **WEIGHT CONTROL**

Eating Disorder Helpline 800- 624-2268  
Overeaters Anonymous 973- 746-8787  
Weight Reduction Classes (NMH) 973-579-8340

## **WHEELCHAIRS**

Assistive Devices Recycling Center 800-DIAL TEC  
Sussex County Office on Disability Services 973- 948-6000

## **WOMEN'S GROUPS**

League of Women Voters 609- 394-3303  
NJ Division on Women 609- 292-8840  
Northwest NJ Regional Women's Center 908- 852-9365

Project Self-Sufficiency - Family Success Center  
(womens' groups) 973- 940-3500  
The Woman's Center at SCCC 973- 300-2173  
Women's Referral Central Hotline 800-322-8092

## **WORKER'S COMPENSATION**

Worker's Compensation 973- 383-7653

## **YOUTH DEVELOPMENT PROGRAMS**

4-H Youth Development Program 973-948-3040  
Boy Scouts of America [www.nnjbsa.org](http://www.nnjbsa.org)  
Center for Prevention and Counseling - A Center for Youth 973- 383-4787  
Family Support Organization of Morris & Sussex Counties 973- 940-3194  
Girl Scouts of Northern New Jersey 973-248-8200  
Pass it Along 973- 726-9777  
Rutgers Cooperative Research and Extension 973- 948-3040  
United Way of Sussex County 973- 579-3040  
Youth Corps 609- 292-2060  
YMCA, Sussex County 973- 209-9622